

Communities for Children FP

Kwinana, WA

Program Overview 2021-2022



Our diverse child and family friendly community is healthy, educated, empowered and 'green!'

Priority areas

- Kwinana parents and their children from before birth to 12 years have improved health and wellbeing through supported access and participation in health and development activities/programs.
- Kwinana parents and their children aged 0 -12 years are supported to participate in early learning programs and additional learning experiences, to improve educational outcomes and to become active partners in learning.
- Families in Kwinana are empowered to assist, support and share knowledge and skills with other families especially those who are vulnerable and disadvantaged and to assist service providers facilitate 'soft referrals' to appropriate services.

Communities for Children Facilitating Partner (CfC FP) is a place based program that develops and facilitates a whole of community approach to support and enhance early childhood development and wellbeing for children from birth to 12 years. CfC FP has been operating in Kwinana since 2005.

Kwinana is a dynamic community nestled in bushland and bordering a coastal strip of white beaches and heavy industry, south of Perth in Western Australia. Kwinana has a population of approximately 45,000 people and many share a strong sense of commitment to their community. Kwinana also has a rich Aboriginal heritage and the largest Aboriginal population of any Local Government area in Perth.

Despite being rated as the most disadvantaged Local Government Area in Perth, economically Kwinana is known as a hyper-growth region and is part of the National Growth Areas Alliance which represents the fastest growing communities in Australia. While there are pockets of economic and social advantage there are also pockets of significant disadvantage as indicated by data on the Socio-Economic factors affecting Kwinana.

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everyone's family

Community Partners are funded to deliver services within the Kwinana CfC FP site for children aged from birth to 12 years and their families.

ATTACH: PARENTS UNDER PRESSURE

Attach and its central program Parents Under Pressure is an in-home counselling and support service for families who may be struggling with the challenges of parenting whilst coping with issues such as mental illness, family violence, problematic substance use, financial difficulties, social isolation or strained family relationships. Delivered by trained specialist workers, this flexible, practical and individually tailored program is designed to build on existing strengths and provide opportunities for parents/carers to create stronger relationships with their children.

Community Partner: Uniting WA

Service delivery area: Throughout Kwinana Local Government Area

Eligibility: Parents/Carers with children aged 0 – 12 years, including pre-birth

Contact: Lianne Sylvester T: 08 9239 0920
E: Lianne.Sylvester@unitingwa.org.au

EMPOWER FAMILIES

Empower Families aims to support and strengthen families to build positive networks, engage effectively with services and to be empowered to make their own decisions. The program also aims to increase family capacity and break the cycle of family dysfunction whilst breaking down barriers such as isolation, poverty, unemployment, drug and alcohol addiction. Empower Families will offer one point of contact and will build a relationship with families in a holistic way to support them to meet their goals.

Community Partner: Relationships Australia WA

Service delivery area: Throughout Kwinana Local Government Area

Eligibility: Parents/Carers and children aged 0 -12 years

Contact: Claire Hetherington T: 08 6164 0600
E: 4families@relationshipsaustralia.org.au

PLAY4THERAPY

Play4Therapy, based on Theraplay principles, is a child and family intervention for building and enhancing attachment, self-esteem, trust in others, and joyful engagement. It is based on the natural patterns of playful, healthy interaction between parents/carers and child and is personal, physical and fun. A trained practitioner guides parents/carers and children through playful, fun, nurturing and developmentally challenging and tender, nurturing activities.

Community Partner: Relationships Australia WA

Service delivery area: Various locations throughout Kwinana Local Government Area

Eligibility: Eligible Children aged 0 - 12 years who are referred by service providers

Contact: Janalie Nelson T: 08 6164 0600
E: 4families@relationshipsaustralia.org.au

YOUNG ACHIEVERS CLUB

Young Achievers Club is a culturally secure support program for primary schools that uses a strengths perspective to improve education outcomes, health and wellbeing, and cultural connection for Aboriginal students. Key elements of the program include aspirational Aboriginal role modeling and guidance, Traditional Indigenous Games, leadership and personal development learning and activities, cultural celebration and connection, and reward for positive action.

Community Partner: Institute of Indigenous Wellbeing and Sport WA

Service delivery area & eligibility: Selected Primary Schools and students in Kwinana Local Government Area

Contact: Ethan Chadd T: 08 9439 4808
E: programs@iiswswa.org.au

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PARENTS AS TEACHERS

Parents as Teachers helps parents understand their child's development and connects them to the resources they need to make the best choices for their family. The trained facilitator offers home visits that are customised and centered on play, offering activities that focus on the age and stage of development of each child.

Community Partner: Kwinana Early Years Services Inc.

Service delivery area: Various locations throughout Kwinana Local Government Area

Eligibility: Parents/Carers of children aged 0–12 years

Contact: Kwinana Early Years Services office:
T: 08 9439 1838 E: info@keyswa.org

BABY MAKES 3

The Baby Makes 3 Program assists couples to build and maintain equal and respectful relationships during the transition to parenthood. This program is for new parents, encouraging them to understand the value of gender equitable relationships and to take shared responsibility for parenting.

Community Partner: Kwinana Early Years Services Inc.

Service delivery area: Various locations throughout Kwinana Local Government Area

Eligibility: Parents/Carers of children aged 0–1 years

Contact: Kwinana Early Years Services office:
T: 08 9439 1838 E: info@keyswa.org



EMPOWERING PARENTS, EMPOWERING COMMUNITIES (EPEC)

EPEC is a proven method of prevention and early intervention that helps children and families get the very best start in life. At the heart of EPEC is a parenting course called Being A Parent, which is led by accredited, supervised and supported local parent facilitators. EPEC aims to improve child development and outcomes, parenting, family resilience and social capital.

Community Partner: Kwinana Early Years Services Inc.

Service delivery area: Various locations throughout Kwinana Local Government Area

Eligibility: Parents/Carers of children aged 2–12 years

Contact: Kwinana Early Years Services office:
T: 08 9439 1838 E: info@keyswa.org

Contact Us

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