

# Communities for Children FP

## Mirrabooka, WA

### Program Overview 2024-2026



All families and children feel safe, connected and are resilient, with community being involved in the decisions that affect them to develop and thrive.

#### Priority areas

- Children have improved early childhood developmental outcomes and are supported through their life transitions.
- Families and children have improved physical health and mental wellbeing.
- Families and children have positive relationships with each other and strong connections within their community
- The service sector has enhanced coordination and collaboration, so families and children are supported.

**Communities for Children Facilitating Partner (CfC FP)** is a place-based initiative, funded by the Department of Social Services. CfC FP develops and facilitates a whole of community approach to support and enhance early childhood development and wellbeing for children aged birth to 12 years.

Community Partners are subcontracted by CfC FP to deliver services within the Mirrabooka CfC site which includes the suburbs of: Alexander Heights, Balga, Girrawheen, Koondoola, Marangaroo, Mirrabooka, Nollamara and Westminster.

# Communities for Children FP Mirrabooka, WA. Program Overview 2024-2026



**Community Partners are funded to deliver services within the Mirrabooka CfC FP site for children aged from birth to 12 years, and their families.**

## **12 Buckets Primary School Student Led Mentoring Program**

This Program helps students move towards becoming independent young people who take every opportunity to engage in education and lifelong learning, and contributes to the community through their skills and generosity. This activity is based on an evidence-informed model called Circle of Courage. Students in Years 1 to 5 at Balga, Boyare and Waddington Primary Schools engage in peer led in person mentoring in the 12 Buckets room through sessions which are based around shared activities that are chosen by the student.

**Community Partner:** 12 Buckets Incorporated

**Eligibility:** Students in Years 1 to 5 at Balga, Boyare and Waddington Primary Schools

**Contact:** Lucy Angus-Twynham, (t) 0413 263 289  
(e) [info@12buckets.org](mailto:info@12buckets.org)

## **Connected Families**

The Connected Families model utilises a trauma-informed and strengths-based approach to provide early-intervention and capacity building support to families of children from before birth to 12 years of age within Mirrabooka and surrounding areas. Strategies to address barriers and support achievement of identified goals are tailored to individual families through the provision of supports including access to individual mentorship, evidence-based programs, evidenced-informed community workshops and connections to community and specialised services where needed.

**Community Partner:** Communicare Inc.

**Eligibility:** Parents with children aged 0-12 years.

**Contact:** Asher Trotman, (t) 0419 947 218  
(e) [parenting@communicare.org.au](mailto:parenting@communicare.org.au)

## **Children's Pathway Project**

The Project will target vulnerable, disadvantaged and at-risk children, aged 5 to 12, using sports, recreation, creative arts, leadership, and cultural programs for Aboriginal children and deliver accessible, culturally appropriate, flexible and appealing services to help children and families thrive. Children's Pathway Project will deliver a suite of programs, events and opportunities to promote social, emotional and physical

health and build safer and more connected communities.

**Community Partner:** Edmund Rice Centre WA

**Eligibility:** Children aged 7 - 12 years

**Contact:** Amy Berson (t) 08 9440 0625  
(e) [info@ercwa.org.au](mailto:info@ercwa.org.au)



## **It's All About You and Me**

The Project is a parent coaching program using best practice for early intervention principles, that aims to increase parent/carer knowledge, skills, and confidence to support their child(ren)'s development. The program is delivered in blocks of 5 sessions with phone check in's in between each session to assist parents in strengthening skills learnt in the sessions and apply them in the natural environment.

**Community Partner:** Wanslea

**Eligibility:** Families with children aged 2-4 years

**Contact:** Santina Ravenscroft (t) 1300 969 645  
(e) [sravenscroft@wanslea.org.au](mailto:sravenscroft@wanslea.org.au)

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## Empowering Parents Empowering Communities

Empowering Parents Empowering Communities (EPEC) is a peer-led parenting program that enhances parenting skills and confidence and empowers families to play a more active role in their own community.

Through EPEC, parents build parenting skills and form connections with other parents through the Being a Parent (BaP) course. After completing the foundation course (BaP), interested parents have the opportunity to become a BaP Parent facilitator – this is a paid facilitation role with training and supervision provided by the host organisation (Ngala).

**Community Partner:** Ngala Community Services

**Eligibility:** Parents with children aged 0 - 12 years

**Contact:** Julie Cooper (t) 9368 9368  
(e) [epec@ngala.com.au](mailto:epec@ngala.com.au)

## Sing&Grow

Sing&Grow is an accessible, evidence-based music therapy program that partners with local community organisations to support parents and carers to engage with their children in ways that build their relationship as well as promoting child development skills.

Sing&Grow services are delivered to groups and with the flexibility to support individual families, where a Registered Music Therapist facilitates hands-on music activities that assist children with developmental skills and support parents to relate to their children through interactive play.

**Community Partner:** Play Matters

**Eligibility:** Parents with children aged 0-4 years

**Contact:** Emilia Spragg (t) 0468 945 675  
(e) [ESpragg@playmatters.org.au](mailto:ESpragg@playmatters.org.au)

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**Community Partner:** Wanslea

**Eligibility:** Families with children aged 2-4 years

**Contact:** Santina Ravenscroft (t) 1300 969 645  
(e) [sravenscroft@wanslea.org.au](mailto:sravenscroft@wanslea.org.au)

## Perinatal Support Service

Perinatal Support Service provides place-based support that will nurture resilience in the mother-baby relationship, improve maternal mental health, parenting capacity and family functioning.

Ishar will partner with Mother-Baby Nurture (MBN) to develop an ongoing Perinatal Support Service which will provide a weekly support group for refugee and migrant women through a strength-based, client-focused, culturally appropriate approach.

Women will have the opportunity to participate in weekly MBN and Bringing Up Great Kids (BUGK) in the first 1000 Days facilitated groups, receive home visiting services by the Mental Health Social Worker and counselling as required, as well access Ishar's health services. The program will nurture resilience in the mother-baby relationship, improve maternal mental health, parenting capacity and family functioning.

**Community Partner:** Ishar Multicultural Women's Health Services Inc.

**Eligibility:** CaLD mothers with children aged 0-4 years

**Contact:** Kelli Jones (t) 9345 5335  
(e) [info@ishar.org.au](mailto:info@ishar.org.au)

## Contact Us

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