

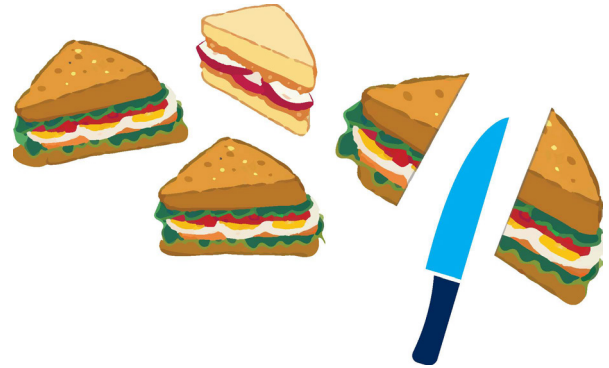
Guriga aan wax ku tirino!



Isticmaal taloyinkaan camaliga ah si aad ku caawiso aqoonta, ka hadalka xisaabta maalin walba.

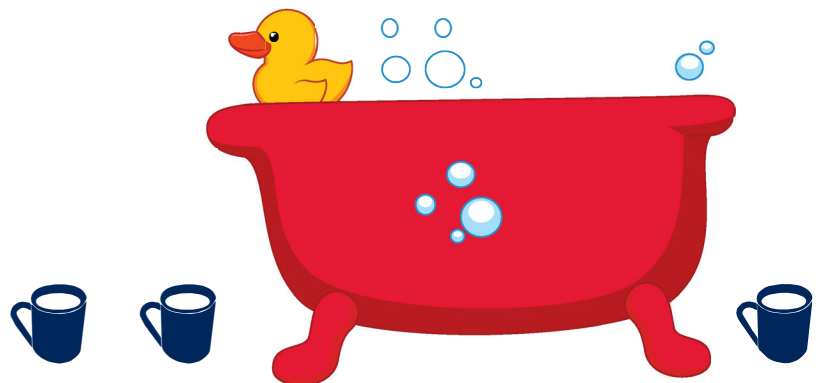
Halkaan ka eeg taloyin si aad cunuggaada u barto:

- Markii aad qado diyaarineysid, ka hadal sida aad rooti ugu jari kartid bar, afar meelood, afar gees iyo saddex gees. Imisa qayb ayaad qabtaa iminka?



- Cunto isla kariya! Isla cabbira alaabta cuntada lagu daro, waqtiga karinta, ka hadal heer-kulka.

- Isticmaal waqtiga qubeyska si aad ugu ciyaartaan wax cabbirka, idinkoo isticmaalaayo weelo lagu qiyaaso biyaha. Waa kuwee alaabta timbado iyo kuwa sabbeyo?



Baro, raadi iyo ka hadal xisaabta laga helo nolosha maalin walba!

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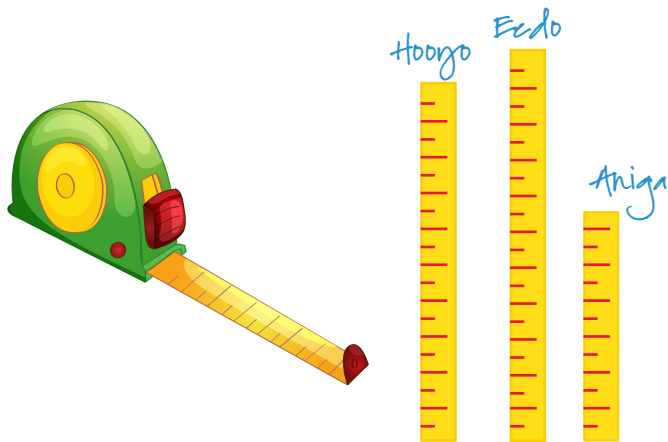
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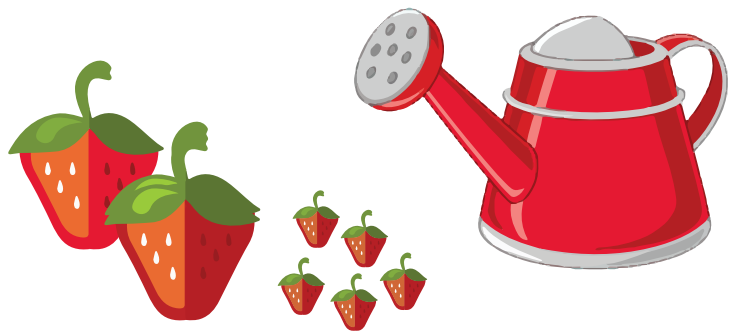


Habab kale xiiso leh ee xisaabta lagu barto guriga gudahiisa.

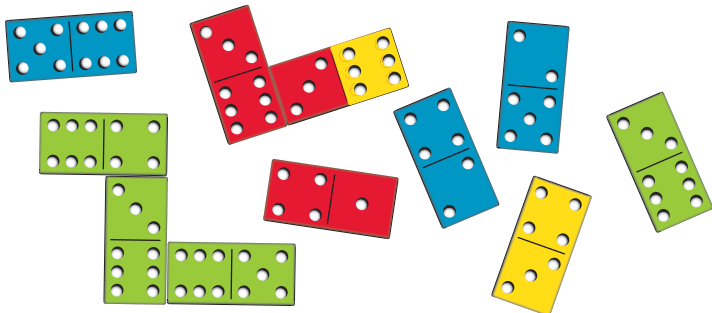
- Ku caawi inuu kugu caawiyo dhar dhaqidda. Iskaalsada ha u kala baxsho lammaane iyo ha eego naqshadda.



- Isticmaal cabbiraha dhirirka si aad u ogaato dhirirka cunugga. Yaa ugu dheer qoyska? Waa kuma midka ugu gaaban?



- Beerta, maxaad ka heli kartaa? Raadi iyo ku ciyaar waxyaabaha qaab, cabbir iyo miisaan leh.



- Ku ciyaar baloogyada ama dumno iyo ka haddal cabbirka, qaabka iyo naqshadda.

Baro, raadi iyo ka hadal xisaabta laga helo nolosha maalin walba!

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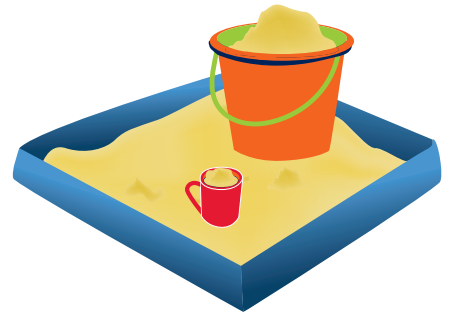
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Aan bilowno inaan wax tirino!

Isticmaal taloyinkaan camaliga ah si aad ku caawiso aqoonta, ka hadalka xisaabta maalin walba.

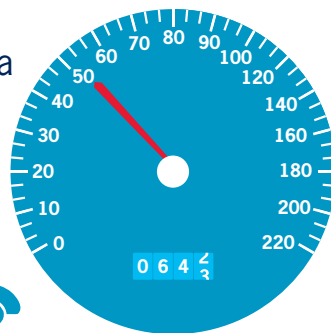
Halkaan ka eeg taloyin si aad cunuggaada u barto:

- Dibedda ku ciyaar ciid ama biyo. Isticmaal weelo ama misaanyo kala duwan ama kala cabbir ah.



- Beerta ku ciyaar waxyaabo muujiya dhirirka, fogaanta iyo qaabka waxyaabaha. Miyaad heli kartaa afar gees? Goobo?

- Baabuurkaa gudahiisa, ka hadal xawaaraha iyo fogaanta. Waa imisa fogaanta? Waa imisa xawaaraha? Ilaa goormaan?



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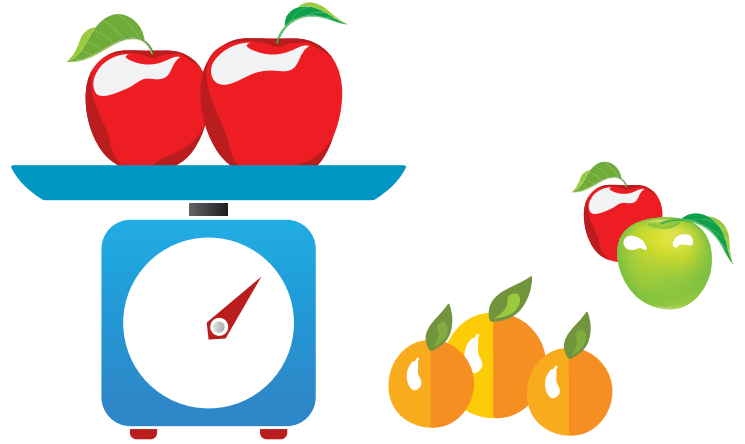
Aan bilowno inaan wax tirino!

Habab kale xiiso leh ee xisaabta lagu barto guriga dibeddiisa.

- Ka baro xisaabta suuqa wayn ee laga soo adeego. Isticmaal mashiinka baaxadda si aad u raadiso miisaanka kala duwan, ka hadal cabbirka, midabka.

Miyaad heli kartaa 2 tufaax casaan ah? Midkee ugu culus: tufaaxa ama oranjiga?

Maxaa ku jiro gaarigaaga dukaameysiga? Alaabta ku jiro u kala sooc cabbir, midab, qaab.



- Tiri tallaabooyinkaaga. Qiyaas tallaabooyinka ilaa ...?



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