## Work Inspiration

## Insight plus



Many terms are used to describe the various programs, curriculums or frameworks related to the preparation of students for a successful life after school, including career development, career education, career and work preparation, career information, career counselling, enterprise education and work education.

Common to all of these programs are learning outcomes which will assist students in their own personal career development. Students need to develop career management skills to find and secure employment and to proactively develop their own career throughout their working life. These skills include:

- Self awareness in relation to interests, abilities, values, and constraints
- Opportunity awareness knowing what career opportunities exist and what is required to pursue them
- Career decision making skills
- Transition learning including skills required to source jobs, prepare applications and perform in interviews.

The objective of existing work experience programs in schools is to prepare students for post school options and choices. They refer to a wide variety of activities that are designed to:

- Develop in students the attitudes and skills to participate in both paid and unpaid work
- Increase students' understanding of the current and future labour market
- To increase students' understanding of the dynamic nature of work.

## The objective of Work Inspiration is to

give students an inspiring experience that introduces them to the world of work and the various roles and opportunities in the host organisation or industry. The activities of the Work Inspiration program are designed by the Host Employer or Industry to provide

students with an understanding of how careers "happen" and what it takes to be successful in the workplace.

The diagram below shows the relationship between career management skills, learning outcomes and the Work Inspiration Insights.

**Self-Awareness** Learning about self in relation to life/career roles

Insight 1: All About Me Discover your talents, passions, interests and personality

## Insight 2

**Behind the Scenes** Tour a workplace, meet employees and discover types of opportunities available

Opportunity Awareness Learning about career pathways and the world of work

Insight 3

**Decision Learning** Learning to make life/career plans and decisions

**Careers Happen** Interview staff members about their career

> Transition Learning Implementing life/career decisions and managing transitions



FOUNDATION FOR Young Australians

Work inspiration Insights

Career Management Skills/ Career and Work Preparation Learning Outcomes





