

Lennox Head Evening VIEW Club Newsletter

August 2026

Friendship • Fun • Community • Supporting Education

Together We Can Make a Difference.



A Note from the Club

Dear Ladies,

August is a month of transition. While winter chills still linger, there are unmistakable signs that spring is just around the corner. It's a time to embrace new beginnings, spring clean, reconnect with friends, enjoy our beautiful outdoors and continue making a positive difference in our community.

As always, thank you for your friendship, generosity and enthusiasm that make our club such a wonderful place to belong.

Happy days!

AU August in Australia

What's August Best Known For?

August marks the final month of winter in Australia, bringing crisp mornings, sunny afternoons and the first hints of spring. Gardens begin to bloom with beautiful spring colours, wildlife becomes more active, and many communities celebrate local festivals and agricultural shows.

Across the country, August is also recognised for:

- 🌸 Wattle beginning to flower—Australia's national floral emblem.
 - 🐋 Peak whale watching season along the NSW coast.
 - ❄️ Snow season in the Australian Alps.
 - 🎓 National Science Week inspiring curiosity and innovation.
 - ❤️ Daffodil Day raising awareness and funds for cancer research.
 - 📖 Book Week celebrations in schools across Australia.
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August Fun Facts & Trivia

Did you know?

-  August babies are often said to be either Leos or Virgos.
-  The birth flower for August is the **Gladiolus**, symbolising strength, integrity and generosity.
-  The birthstone is **Peridot**, believed to represent prosperity and good fortune.

 Australia experiences winter while much of the Northern Hemisphere enjoys summer—making our Christmas in July celebrations all the more fitting!

-  August often delivers some of the clearest night skies of the year, making it ideal for stargazing.

This Month in History

August has witnessed many remarkable moments throughout history:

- **6 August 1945** – The first atomic bomb was dropped on Hiroshima, forever changing history.
- **15 August 1945** – World War II effectively ended in the Pacific with Japan's surrender.
- **28 August 1963** – Martin Luther King Jr. delivered his iconic "*I Have a Dream*" speech during the March on Washington.
- **31 August 1997** – Princess Diana tragically passed away, prompting an unprecedented global outpouring of grief.

History reminds us of both humanity's greatest achievements and its greatest challenges.

July Meeting Highlights

Christmas in July – Festive Fun from Start to Finish!

Our recent **Christmas in July Dinner** was bursting with festive cheer, laughter and friendship.

Members enjoyed:

-  Christmas Trivia
-  Left and Right Gift Exchange
-  Human BINGO that had everyone up, mingling and getting to know one another.

The evening was a joyful runaway success and perfectly captured the spirit of our club.

A heartfelt thank you goes to our wonderful members who generously donated prizes and baked the delicious treats that made the evening so memorable. Your generosity and enthusiasm created an evening filled with warmth, fun and festive magic. So much fun!



What's Happening in Ballina Shire and Surrounds

August is always a busy and vibrant month across our beautiful region.

Lennox Head

For a list of ticketed events, check this link - <https://www.eventbrite.com.au/d/australia--lennox-head/events/>

Featured August Events

- **StarBound Event 4 Lennox Head:** August 1–2, 2026 at the [Lennox Head Cultural Centre](#) (1 Mackney Lane). An action-packed dance celebration featuring routines from regional studios. Tickets are \$20 per seat.
- **Ballina Shire Community Connections Expo:** Saturday, 29 August, 2026 at 9:00 AM at the [Lennox Head Cultural Centre](#). A family-friendly community event connecting residents with local support networks, services, and groups.

Ballina

- Check this link for What's On this August in Ballina -<https://www.discoverballina.com.au/wp-content/uploads/2026/07/august-whats-on-handout.pdf>
- Peak whale watching season along the Ballina coastline.

Byron Bay

- **Markets and Special Events**
 - **Glide Roller Disco:** August 2 at [Haven Byron Bay](#) with afternoon family skating and evening 18+ disco sessions.
 - **Beyond The Lines Poetry Event:** August 15 at Byron Theatre celebrating bold voices and spoken word for Poetry Month (\$30 tickets).
 - **Byron Bay Writers Festival:** August 14–16, 2026 at the Bangalow Showground (approx. 14 km from Lennox Head). A major annual literary event drawing writers and thinkers from across Australia.
- The [North Coast Mud Trail](#) invites you to explore the work and processes of 35 ceramic artists across 26 studios in the Northern Rivers region.
<https://www.northcoastceramics.com/mud-trail>

There's always something happening—support local businesses whenever you can!

VIEW Clubs Australia & The Smith Family

Our connection with VIEW Clubs Australia and The Smith Family continues to grow stronger every month.

Throughout August, VIEW members across Australia continue to:

- Raise funds for The Smith Family's *Learning for Life* program. To date, our club has contributed 5 x Digital Access and Learning Essentials to help bridge the digital divide for Australian students by providing refurbished laptops, low-cost internet access, and digital literacy training.
- Welcome new members into the VIEW family and build friendships while giving back to their local communities.
- Check out the LH Evening VIEW Club website - Updates for August will be uploaded soon
- <https://www.thesmithfamily.com.au/view-clubs/find-a-club/nsw/lennox-head-evening-view-club>.

Every meeting, every raffle ticket and every fundraiser helps provide Australian children with opportunities through education.

Together, we truly are changing lives.

Zone VIEW Clubs Update

Sharing ideas and supporting one another across the Zone strengthens every club and reminds us that we're part of something much bigger than ourselves.

If you've recently attended another VIEW Club meeting or event, we'd love to hear about it.

August Dinner Meeting Notice

Wednesday, 12 August 2026

-  Seven Mile Meeting Room, **Lennox Hotel**
-  Registration, Drinks & Chat: 6.00 PM
-  Dinner: 6.45 PM
-  Guest Speaker: Parvin Mansouri
-  Visitors are always warmly welcome.

Join us for another evening of friendship, great food, laughter and an inspiring guest speaker.

Please remember to RSVP with Sue - 0409 728 814 by the advertised closing date.



Membership Matters

Know someone who would enjoy friendship, fun and making a difference?

Invite them along!

Our club continues to grow thanks to members who share the VIEW experience with family, friends and neighbours.

Together we can make an even greater impact.



August Birthday Wishes



Happy Birthday to our lovely member, JO who is celebrating during August!

We wish you a wonderful year ahead filled with happiness, good health and many reasons to smile.



Until Next Month...

As August gently leads us toward spring, may we continue to embrace friendship, kindness and the joy of giving back.

Thank you for being part of the Lennox Head Evening VIEW Club family.

For our members who are somewhere else, be well and comfy wherever you are.

See you all soon!