



September 2026 Newsletter

Hello everyone!

Happy September! Spring has finally sprung!

September brings longer days, warmer sunshine and a renewed sense of energy as nature bursts into colour across Australia.

In this edition, we look at what makes September special, discover a few fascinating facts and moments from history, explore what's happening around our beautiful Northern Rivers, and share the latest news from **VIEW and The Smith Family**.

And, of course, you'll find all the details for our upcoming dinner meeting. **We hope you can join us!**



September in Australia

September is the first official month of spring in Australia, and the change of season can be felt everywhere.



Wildflowers in Western Australia — the outback and wheatbelt come alive during wildflower season, with spectacular displays of paper daisies, orchids and other native blooms.



Whale-watching season — humpback whales continue their annual migration along Australia's east coast. Hervey Bay is particularly famous as a place where whales stop to rest, play and nurture their calves.



A great time to travel — September is a wonderful shoulder season, with milder weather, fewer winter crowds and excellent conditions for exploring many parts of Australia.



Father's Day falls on the first Sunday in September — **6 September this year** — providing an opportunity to celebrate the fathers, grandfathers and special father figures in our lives.



Fun September Trivia

Did you know?

- **September means "seven"** — its name comes from the Latin *septem*, as it was the seventh month in the ancient Roman calendar before January and February were added.
- **September's birthstone is sapphire**, while its birth flowers are the aster and morning glory.
- The **September equinox**, around 22–23 September, marks the astronomical beginning of spring in the Southern Hemisphere.
- In **1752**, Britain and its colonies skipped 11 days in September when the calendar changed from the Julian to the Gregorian system. September 2 was followed by September 14!

- **R U OK? The day** is held on the second Thursday of September. This year, it falls on **10 September**, reminding us that a simple conversation can make a real difference.



This Month in History

September has witnessed some remarkable — and sometimes sobering — moments in history:

1 September 1939 — Germany invaded Poland, marking the beginning of the Second World War in Europe.

2 September 1945 — Japan formally surrendered, bringing the Second World War to an end.

2 September 1666 — The Great Fire of London began near Pudding Lane and eventually destroyed much of the medieval city.

11 September 2001 — Terrorist attacks in the United States claimed nearly 3,000 lives and profoundly changed world events.

15 September 2000 — The Sydney Olympic Games opened, creating many unforgettable Australian sporting moments.

Fun fact: Cathy Freeman won gold in the women's 400m on 25 September.

1 September 1985 — The wreck of the *Titanic* was discovered on the seabed of the North Atlantic, more than 70 years after the ship sank.



Northern Rivers Wrap

Ballina • Byron • Lismore & Surrounds

Spring is a wonderful time to explore our own backyard. The whales are still making their way along the coast, gardens and hinterland landscapes are coming alive, and there's plenty happening across the Northern Rivers.

Keep an eye out for:



Byron Theatre Presents – Women Over 40: The Cabaret



Women Over 40 – The Cabaret Set to Make Northern Rivers Debut at Byron Theatre

A new musical comedy celebrating the humour, resilience and life experiences of women over 40 will make its Northern Rivers premiere this October, with **Women Over 40 – The Cabaret** set to take the stage at Byron Theatre for two performances.

Running on **October 2 and 3, 2026**, the production brings together an all-female cast in a lively blend of comedy, music and storytelling that explores the realities of middle age with honesty, warmth and plenty of laughter.

 **Sample Food Festival, Bangalow** — a celebration of regional produce, gourmet food and culinary talent.

 Markets

Sample Food Festival

Sat 19 Sept 2026

The Sample Food Festival is Northern NSW's premier annual food event. It offers tasting plates from regional restaurants, producer stalls, cooking demonstrations, and family activities at the Bangalow Showgrounds.

 **Nimbin Show & Nimbin Spring Arts Exhibition** — colourful celebrations of local creativity and community.

NIMBIN ANNUAL COUNTRY SHOW 2026

Welcome to the Nimbin Annual Country Show page. In 2026 it will be the 106th year of the Nimbin Show, and we look forward to welcoming you on the 19th and 20th of September 2026.



 **Lismore Eisteddfod** — showcasing the performing arts talents of our local community.



ABOUT LISMORE EISTEDDFOD

Lismore Musical Festival Society, Performing Arts Competitions (Eisteddfod) was formed in 1908. Our aim is to encourage children and adults of amateur status to further their skills and to have their works tested by skilful, highly qualified adjudicators. The Society provides stimulation for performers to prepare for public performance, have the opportunity to hear others, to benefit from professional adjudicators and to realise the value of appreciative audiences....

 **Tyalgum Music Festival** — a much-loved hinterland festival featuring classical and contemporary music.



VIEW & The Smith Family

September is also a good time to reflect on the difference we make together through **VIEW and The Smith Family**.

R U OK? Day — 10 September

A timely reminder to check in with one another. A simple "Are you OK?" can open the door to an important conversation and help someone feel supported and connected.

Celebrating 65 years of VIEW

VIEW Clubs were founded in 1960 by The Smith Family. As we celebrate VIEW's **65th anniversary**, clubs across Australia continue to build friendships, strengthen communities and support young Australians through education.

Making a difference together

Across Australia, VIEW members raise vital funds for The Smith Family's **Learning for Life** program, helping young Australians stay engaged in their education and work towards a brighter future.

VIEW National Convention

The most recent VIEW National Convention was held in Brisbane in September 2025, bringing together hundreds of members from across Australia. The next National Convention will be held in **2027** in Geelong, Victoria.

Looking Back — August Meeting Highlight

Parvin Mansouri: The Women Who Shaped Her Journey

For the past 25 years, **Parvin Mansouri** has proudly called our region home. A moral education teacher, Parvin has spent much of her life helping young children understand the importance of **kindness, respect, honesty and compassion** — values that have also shaped her own life and journey.

A valued member of **VIEW Clubs of Australia for 22 years**, Parvin recently shared a deeply personal and inspiring story with our Lennox Head Evening VIEW Club.

Speaking about the women who have influenced and inspired her throughout her life, Parvin reflected on how their example helped shape her belief in the transformative power of **education, equality and giving back to the community**.

Her story was a wonderful reminder that the values we learn, the women who inspire us and the connections we make can have a lasting impact — not only on our own lives, but on the lives of those around us.

Thank you, Parvin, for sharing your story and reminding us of the power of strong women, education and community. 💜



September Dinner Meeting

Come along and enjoy an evening of friendship, good food and inspiration!

-  **Date:** Tuesday, 8th September
-  **Time:** 6 PM Rego, Drinks & Chat, 7 PM Start
-  **Venue:** Seven Mile Room , Lennox Hotel
-  **Guest Speaker:** To be advised.
-  **Cost:** \$35 for dinner, \$5 for raffle tickets
-  **RSVP:** Sue – 0409 728 814
-  **RSVP by:** Friday, 4th September

Bring a friend, enjoy a delicious dinner and discover what makes our VIEW community so special. **We'd love to see you there!**

Looking Ahead

Mark these dates in your diary and stay tuned for more details:

-  **13th October – 14th Anniversary celebration**
-  **19th November – Ballina Players Musical Charity Night – The Rocky Horror Show**
-  **8th December – Christmas Luncheon – End-of-Year Party**

💜 Together, we make a difference

Every dinner we share, every friendship we build, and every fundraiser we support helps VIEW continue its important work with **The Smith Family**.

Thank you to all our members for your enthusiasm, generosity and wonderful community spirit.
Here's to a happy, healthy, and inspiring spring!

 Birthdays

