VOICE · INTERESTS · EDUCATION OF WOMEN

VIEW Club News

Lennox Head Evening VIEW Club · November 2026

Friendship with a Purpose

Hello friends, and welcome to November! Whether you're a long-time member or just curious about VIEW, grab a cuppa and settle in. We've got Cup Day, whales on the move, a night of Rocky Horror and a big thank-you to our Smith Family supporters.

👋 **Stay to the end!** There's a 3-question November trivia quiz in the middle of this newsletter, and the answers are waiting for you at the bottom. No peeking!

🍰 Next Meeting: Tuesday 10 November

When: 6pm ngo and drinks, 6.45pm start
Where: Seven Mile Room, Lennox Hotel
Guest speaker: Pip Carter, Advanced Aged Care Solutions
RSVP: Sue 0409 728 814

🎂 October Meeting Highlights

14 years of friendship, fundraising and fun! Our 14th Anniversary night is in the books, and it has made the pages of *Lennox Wave* and Facebook too.

Originals in the room: Jeanette, Jo, Janene, Yvonne, Marta and Sue F are all still active members, and they joined us to celebrate. Laughter flowed and old and new friendships were toasted.

New sound system: We unboxed our new speaker and PA, funded by a council grant, and put it straight to work.

Our speakers: Eva gave a candid Q&A on life as a Ballina Councillor. Margery, 90 years young, took us back to 1930s Northern Rivers, with tales of travel and the innovations she saw in hydrotherapy. A gem!

The finale: a cake as beautiful as it was delicious.

52	5	$14,500
active members	Learning for Life students supported	raised for The Smith Family, 2025–26

🌸 What Is November Known For?

November is the month Australia stops for a horse race, then pauses again to remember. It's also when spring tips into summer.

- **Melbourne Cup, Tuesday 3 November:** "the race that stops a nation". Hats, fascinators and a flutter on the sweep.
- **Jacaranda season:** purple blooms across the region, a lovely nod to our VIEW purple. Grafton's Jacaranda Festival, Australia's oldest floral festival, wraps up on Sunday 8 November.
- **The last month of spring:** summer is just around the corner, so it's time for long lunches and sunhats.
- **World Kindness Day, 13 November:** a perfect excuse to do something lovely for a friend.
- **Universal Children's Day, 20 November:** a good reminder of why our Learning for Life students matter so much.
- **World Toilet Day:** humpbacks are heading south past Cape Byron with their new calves.
- **Remembrance Day, 11 November:** a minute's silence at 11am.
- **Movember:** moustaches for men's health all month.
- **White Ribbon Day, 25 November:** standing up against violence towards women.

🎲 Fun Facts & Trivia

Did you know?

- **Count again:** November comes from the Latin *novem*, meaning nine. It was the ninth month of the old Roman calendar, before January and February joined the line-up.
- **Birthday bingo:** November's birthstones are topaz and citrine, and its birth flower is the chrysanthemum.
- **Cup Day holiday:** the Melbourne Cup is run on the first Tuesday in November, and Melbourne stops for a public holiday.
- **Horses in Sweden:** when Melbourne hosted the 1956 Olympics, the first in the Southern Hemisphere, the equestrian events were held in Stockholm in June because of Australia's quarantine rules.
- **Whale-spotting:** Cape Byron is the most easterly point of mainland Australia, and a front-row seat for the humpback migration.

🏆 Quick Quiz: answers at the end!

1. Which racehorse is said to have walked down Nowra to Melbourne before winning the very first Melbourne Cup?
2. What do the letters in QANTAS stand for?
3. Movember began in Melbourne in 2003. How many mates grew a moustache that first year: 3, 30 or 300?

🌊 What's On: Northern Rivers

- **Ballina Farmers & Producers Market:** Sundays 1, 8, 15 and 22 Nov, 7–11am. Fresh produce and a good coffee.
- **Bangalow Show:** 13–14 Nov. A classic country show in the hinterland.
- **Byron Wellness Festival:** 27–29 Nov, Byron Bay. A weekend to recharge.
- **Melbourne Cup lunches:** check local pubs and clubs around Ballina and Byron for 3 Nov.
- **Coming up in December:** Bangalow Christmas Eve Carnival (24 Dec), Ballina Boxing Day Races (26 Dec) and family New Year's Eve events in Byron Bay and Alstonville.

Please check organisers' pages for final dates and times.

📰 Lennox Wave, National VIEW & The Smith Family

In the Lennox Wave: our 14th Anniversary story, "Fourteen years strong" by Lianne Brennan, is on page 11 of the November issue. Look out for it around Lennox Head!


community

Fourteen years strong

by Lianne Brennan, Lennox Head Evening VIEW Club

Fourteen years of friendship, fundraising and fun, and what a night it was. The Lennox Head Evening VIEW Club's 14th Anniversary dinner on Tuesday 14 October was a celebration of all of that.

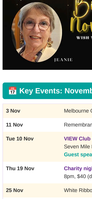
A highlight was seeing our original members, Jeanette, Jo, Janene, Yvonne, Marta and Sue F, all still active in the club. Laughter flowed and old and new friendships were toasted. The night also saw new celebrations, and the night just wouldn't be complete without a cake as beautiful as it was delicious. Thank you to the bakers of the pages of

away. O Eva Berneta gave us a candid Q&A on what it's really like to be a Ballina Councillor. Margery then took us back to her younger years in the 1960s in the Northern Rivers, with tales of travel and the innovations she saw in physiotherapy. Will her insights and reflections. Margery, a gem! Then came the cake. Sue F had outdone herself. The cake that was as delicious as it was beautiful, a feast for the eyes as well as the tastebuds.

With 52 active members building friendships and supporting Learning for Life students, the Lennox Head Evening VIEW Club brought The Smith Family and $18,500 raised in 2025–26, a night to remember. Here's to the next 14 years, and to whose fundraising helps give children a better chance at school.

VIEW upcoming events
Tuesday, 10 November - November dinner meeting, 6pm for drinks/nibbles, 6.45pm start, Seven Mile Room, Lennox Hotel.
Thursday, 19 November - Ballina Phoenix Musical Charity Night, *The Rocky Horror Show*, Ballina Players, 8pm. Tickets from $49. Book at events.trybooking.com or 0422 172 694

National VIEW: Geelong 2027! Registrations are now open for the VIEW National Convention in Geelong, Victoria. This biennial event brings women together from across the country to connect, learn and share in a safe and welcoming environment, and it's open to all VIEW members and their female friends. Meet us in Geelong to make connections, make a difference and share the love! 💜 **Find out more and register here.**



The Smith Family: Thanks to our members, 5 students are supported through Learning for Life.

💸 NSW Return & Earn Fundraising

Every eligible bottle and can is worth 10 cents, and those little cents add up for the kids. Save your containers and hero to our next meeting, or donate your refund directly to a collection point. **The campaign has been extended until 22 November!**

The Smith Family's Return and Earn fundraising appeal is going strong:
$120,000 raised and **1 million cans and bottles recycled**, with a goal of 2 million containers and $200,000. Every container counts!



🎈 November Birthdays

Happy birthday to our November celebrants! 🎉 Wishing you all the best, Janelle, Sue, Rose, Jeanie and Esther.



📅 Key Events: November & December

3 Nov	Melbourne Cup Day
11 Nov	Remembrance Day, 11am
Tue 10 Nov	**VIEW Club dinner meeting:** 6pm ngo/drinks, 6.45pm start, Seven Mile Room, Lennox Hotel. **Guest speaker:** Pip Carter, Advanced Aged Care Solutions
Thu 19 Nov	**Charity night:** *The Rocky Horror Show*, Ballina Players, 8pm, $40 (details below)
25 Nov	White Ribbon Day
Tue 8 Dec	**December meeting:** Christmas Lunch, 12 noon 🎄

🎭 Time Warp with us! Thursday 19 November

LENNOX HEAD EVENING VIEW CLUB



Limited seats, with raffle prizes to be won! Book with **Jeanette 0422 772 694** or **Sue 0409 728 814**.

🎉 Quiz Answers: Well Done for Reading to the End!

1. **Archer.** The story has it that he walked about 800 km from Nowra, NSW, to Melbourne, then won the first Melbourne Cup in 1861. He won again in 1862!
2. **Queensland and Northern Territory Aerial Services.** Qantas was founded in Queensland in 1920.
3. **30.** From 30 mates in 2003, Movember has become a worldwide movement.

How did you go? 3 out of 3 means you're our Cup Day champion! 🏇 Bring your score to the dinner meeting on Tuesday 10 November and see how our members fared.

NEW HERE? YOU'RE INVITED

Curious about VIEW? Come as our guest!

Good company, great speakers and a real difference for children's education. Come along to our dinner meeting on Tuesday 10 November and see for yourself.

Call Sue to RSVP

Sue 0409 728 814