

April 2026 Newsletter

🌟 March - Month to Remember

March has been a vibrant and rewarding month for our Lennox Head Evening VIEW Club! With a wonderful mix of learning, celebration, and giving back, it's been a time that truly reflects the heart of our club—connection, community, and care.

🍽️ Dinner Meeting Highlight

Staying Safe & Strong

Our March dinner meeting featured a very special guest speaker, Ima Strkljevic, who delivered an engaging and informative presentation on **preventing falls**.

Members found the session incredibly valuable, with practical tips and simple strategies that we can all use in our daily lives. It sparked thoughtful conversations and left everyone feeling more informed and empowered.

“Small changes can make a big difference in staying safe and independent.”

💖 International Women's Day Success - 🧑🏫 🧑🏫 🧑🏫 🧑🏫

Community Spirit in Action

What a fantastic achievement! Our International Women's Day fundraising event was a huge success, bringing together members and guests for a meaningful and enjoyable occasion.

We received very positive feedback from our guest speakers, Pauline Menczer and Fiona Kable, about the wonderful opportunity to speak and present to the local community. They also praised how we run the event - with enthusiasm, care and professionalism.

Thanks to the generosity of everyone involved, we proudly raised **\$3,193** for The Smith Family.

This incredible result will help support the education of disadvantaged Australian children—something we can all feel very proud of.

“When we come together, we can make a real difference.”

Club Connections

Friendship & Community

Beyond our events, March was filled with the warmth and friendship that make our club so special. From shared laughter at meetings to meaningful conversations during casual drinks and meet-ups, it's these moments that continue to strengthen our wonderful community.

Looking Ahead

We're excited about what's to come in the days ahead—more opportunities to learn, connect, and support the causes we care about.

April Dinner Meeting- Tuesday, 14th April

Wharf River Club Concert - Sunday, 3rd May, featuring the band - PINK ZINC

Welcome to APRIL!

April is a month packed with seasonal change, cultural traditions, and deep historical roots that go back thousands of years. Its meaning comes from a mix of ancient calendars, language origins, and evolving customs.

Key Global Events & Observances

-  **Earth Day (April 22)**
A major global event focused on environmental protection, sustainability, and climate action.
-  **World Health Day (April 7)**
Organised by the World Health Organisation, this day raises awareness about pressing global health issues.
-  **World Book and Copyright Day (April 23)**
Celebrates literature, reading, and authors worldwide.

Fun Global Trivia

- The name “April” is believed to come from the Latin *aperire*, meaning “to open”—a reference to blooming flowers.

- **April Fools' Day (April 1) is celebrated globally with pranks and humour, though its origins remain uncertain.**

AU April in Australia

April holds deep cultural, historical, and seasonal significance in Australia, marking both remembrance and the shift into autumn.

Major Australian Events

- **AU ANZAC Day (April 25)**
One of Australia's most important national days, honouring soldiers from the Gallipoli Campaign and all who have served. Dawn services are held nationwide.
- 🇺🇸 **Sydney Royal Easter Show**
A beloved annual event in Sydney showcasing agriculture, entertainment, and Aussie culture.
- 🐰 **Easter (date varies)**
Celebrated widely with long weekends, travel, and family gatherings.

Seasonal Highlights (Autumn 🍁)

- **Cooler temperatures and vibrant foliage begin across southeastern Australia.**
- **Ideal time for outdoor activities like hiking and wine region visits.**

Aussie Trivia

- **Australia uses a chocolate bilby instead of the Easter Bunny to raise awareness for native wildlife conservation.**
- **April is one of the most popular months for domestic travel due to mild weather and public holidays.**

Southern Hemisphere Perspective

Unlike in the Northern Hemisphere, April in the Southern Hemisphere signals mid-autumn, bringing a slower pace and preparations for winter.

Regional Highlights

- 🍁 **Peak autumn colours in parts of southern Australia, New Zealand, Chile, and Argentina.**
- 🌾 **Harvest season continues in many agricultural regions.**

Cultural & Natural Notes

- **In New Zealand, April is a prime time for scenic drives and vineyard tours.**
- **In South Africa, wildlife viewing improves as vegetation thins and animals gather around water sources.**



Noteworthy Dates Snapshot

Date	Event
April 1	April Fools' Day
April 7	World Health Day
April (varies)	Easter
April 22	Earth Day
April 23	World Book Day
April 25	ANZAC Day

Here are some thoughtful and fun ways to make the most of April in Australia—when the weather cools, crowds ease, and the country becomes especially enjoyable to explore.



How to Spend April in Australia



Embrace Autumn Outdoors

April is peak autumn in many parts of Australia, making it perfect for outdoor adventures without the summer heat.

- 🍁 **Visit the Blue Mountains for crisp air, waterfalls, and scenic hikes**
- 🚶 **Walk or cycle around Royal Botanic Garden Sydney**
- 🏞️ **Explore Tasmania's wilderness, especially Cradle Mountain**



Why April? Cooler temperatures = ideal hiking conditions.



Go Wine Tasting

Harvest season means wineries are buzzing.

-  Hunter Valley – close to Sydney and very accessible
-  Barossa Valley – iconic Australian wines
-  Yarra Valley – scenic views + boutique wineries



Tip: Many vineyards host harvest festivals and tastings this month.

AU Experience ANZAC Spirit

April offers a uniquely meaningful cultural experience.

- Attend a dawn service on ANZAC Day (April 25)
- Visit the Australian War Memorial for deeper insight



Atmosphere: Quiet, respectful, and deeply moving.



Enjoy Seasonal Events & Festivals

April is packed with events across the country.

-  Sydney Royal Easter Show – rides, food, and agriculture
 -  Melbourne International Comedy Festival – one of the world's biggest comedy events
 -  Local food and wine festivals pop up nationwide
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Wildlife & Nature Experiences

Autumn is a great time for wildlife spotting.

-  Coastal drives along Great Ocean Road

- 🐨 Visit wildlife parks or sanctuaries
- 🐋 Early whale migration sightings may begin along parts of the east coast

Take a Relaxed Coastal Getaway

It's still warm enough for beach time—without peak crowds.

- 🌊 Byron Bay – laid-back vibes
- 🌴 Noosa – sunshine and national parks
- 🏖️ Explore quieter beaches along Western Australia's coast

Plan a Road Trip

April's mild weather makes road trips comfortable and scenic.

- 🚗 Sydney → Melbourne coastal drive
- 🏞️ Adelaide → Flinders Ranges adventure
- 🌿 Tasmania circuit for dramatic landscapes

Slow Down & Recharge

April is perfect for a reset before winter.

- 🧘 Book a spa retreat in regional areas
- 📖 Enjoy cozy cafés and bookshops
- 🏞️ Take a digital detox in nature

Easter Long Weekend Ideas

With Easter often falling in April:

- Plan a mini getaway

- **Attend local markets or fairs**
- **Try uniquely Australian treats like chocolate bilbies** 🍫

Final Thought

April in Australia strikes a rare balance—great weather, meaningful events, and fewer crowds. Whether you're exploring nature, diving into culture, or just unwinding, it's one of the best months to experience the country at a relaxed pace.

Thank You

A heartfelt thank you to all our members for your ongoing support, energy, and generosity. You are the heart of our club, and it's your spirit that makes everything we do so worthwhile.

Happy days!