

Lennox Head Evening VIEW Club

Voice, Interests, and Education of Women | July 2026 Newsletter

Dear Members,

Greetings and welcome to our July Newsletter! As we head into another exciting month with big sporting events and local happenings, thank you for helping us build a welcoming, supportive community. Whether you've been a cherished member for years or have newly joined our family, your warmth, enthusiasm, and eagerness to participate truly enrich our club and make it an extraordinary place to be. Thank you for being with us!

June Meeting Highlights

We were delighted to welcome **Mark Law** from **My Geek Mate** in Ballina as our guest speaker.

Mark has been helping people across the Ballina Shire and surrounding communities navigate the digital world for many years. What stands out most about Mark is his people-first approach. Rather than focusing solely on gadgets and software, he helps people feel confident, informed, and supported in today's ever-changing technological landscape.

His presentation on the importance of strong passwords—and how to create, store, and protect them—struck a chord with everyone in the room. There was plenty of laughter when Mark asked whether anyone still kept a little notebook filled with passwords. Well, honestly, quite a few of us could relate!

Members left the meeting with practical tips, greater awareness of online safety, and renewed confidence in managing their digital lives.

♥ Thank you, Mark, for an engaging, informative, and enjoyable presentation.

Here are some photos from the night.



President Deb and Guest Speaker Mark Law



Li, Mark, Sue and Kerry



Denni and Nerida



Nerida and Linda



Jane and Jeanie



Jane, Hanne, Jo and Janene



Paula, Kay and Lynne



Steph, Ann, Mary and Ilse



Lynne, Paula, Kay, Janene, Nerida, Linda, Carolyn



Sue, Chris, Jo and Gail



Isabell, Carmel, Janelle and Jane

Congratulations to Jenny and Janelle for getting their VIEW badges!



Deb and Jenny



Deb and Janelle

  **Happy Birthday!**

Warmest birthday wishes to all our members celebrating birthdays during July.

Our July Birthday Celebrants - Nerida, Libby, Ilse, Vanessa and Carolyn



Our best wishes on your special day!

♥ National VIEW Clubs & The Smith Family Events

- **Resolutions, The Call Out:** VIEW Clubs or members are invited to submit their motions for consideration of potential resolutions for 2028-29. **Submissions will close on Friday 27 November 2026.**
- **Return and Earn:** Donate your 10c drink container refunds to [The Smith Family](#) at NSW depots.
- **Winter Support:** Ongoing [Learning for Life](#) allocations providing warm winter school essentials.

♥ Zone VIEW Clubs Updates

- **Connection:** Catch up on the latest national updates from the national VIEW Clubs Newsletter.
- **Regional Support:** Collaborative planning underway with neighbouring Northern Rivers clubs.

🎄 July Dinner Meeting Notice



What to expect: Christmas-in-July Theme Night, Games, Trivia and Raffle

As this is a themed event, we encourage our members and guests to don up in their festive fashion for the night.

Please bring the following:

- a wrapped gift to the value of \$15 for the Pass the Parcel Game
- a pen for the BINGO and Trivia

We look forward to another enjoyable evening of fun and light-hearted party!

July in Australia: What is the Month Best Known For?

- **Winter Depth:** July brings the coldest average temperatures nationwide.
- **NAIDOC Week:** Celebrated nationwide to honour Indigenous history and culture.
- **Tax Time:** The start of the new financial year across Australia.

Fun July Trivia

Did you know?

- **Origin:** July is named after Julius Caesar.
- **Birthstone:** The vibrant red ruby representing contentment.
- **Flower:** The water lily and the larkspur.
- **Zodiac:** Cancer the Crab and Leo the Lion.

This Month in History

- **Moon Landing:** Apollo 11 landed on the moon on July 20, 1969.
- **Amelia Earhart:** The legendary aviator disappeared in July 1937.
- **Eiffel Tower:** Construction finished in Paris on July 4, 1889.
- **Australian Federation:** The six Australian colonies officially became a federation under the Commonwealth of Australia Constitution - July 01, 1901
- **Korean Armistice Agreement:** July 27, 1953 - The agreement was signed, ending active fighting in the Korean War.

These milestones remind us how July has played an important role in shaping history both here and around the world.

Northern Rivers Events this July

- **Ballina RSL:** Catch The Tay Tay Tribute Show live on July 7.
- **Live Music:** Local blues performance by JB's Blues Breakers at the [Australian Hotel Ballina](#).

LisAmore! 2026: Heading to the region on Sunday 5 July at the Lismore Showgrounds. This premier cultural celebration showcases incredible Italian food, wine, music, and community spirit. Want to kick things off early? Grab tickets for the formal pre-festival LisAmore! Dinner at Invercauld House on Saturday 4 July.

Australian Longboard Titles: Splashing onto the Tweed Coast from 25–30 July. This top-tier national surfing competition will bring Australia's best longboarders—ranging from Under 18s to Over 70s—to the iconic waves of Cabarita Beach and Kingscliff.

Mates on Tap: Rocking the Arts Factory Cafe in Byron Bay on Saturday 11 July. This massive all-ages mini-festival features a stellar lineup of East Coast punk, alternative, and rock bands (including Radium Dolls and Mac the Knife), with a portion of ticket sales supporting Women Up North domestic violence services.
Winter Warmer Cabaret:

Hoedown Country Party: Taking over the Shaws Bay Hotel in East Ballina on Saturday 11 July. Dust off your boots for a free, family-friendly day featuring live music, line dancing, pony rides, and a mechanical bull.

Byron Duelling Pianos: Performing nightly at The Northern on Jonson Street. Catch interactive, high-energy sing-alongs driven by audience requests through mid-July, concluding with a finale performance by country-pop artist Cassidy-Rae on Tuesday 21 July.

Pub Rock & Tribute Anthems: Shaking up local venues all month. Head to Hotel Brunswick on Saturday 11 July for a free high-energy set by pub-rockers

Beach Hotel on Sunday 26 July for the free Barnes Storm Jimmy Barnes and Cold Chisel tribute show.

Looking Ahead

- **August Meeting:** **Wednesday, 12th August 2026** with guest speaker Parvin Mansouri
- **Fundraising:** Planning our Ballina Players Musical Charity Night in November for our educational sponsorships.

Thank You

Thank you for your ongoing friendship, kindness, and commitment to our club.

Together we continue to support one another, strengthen our community, and help create brighter futures through our partnership with The Smith Family.

We look forward to seeing everyone at our July Dinner Meeting.

Warm regards,

The PubPro Team - Li, Belinda, Katrina and Sue