

PARRAMATTA VIEW CLUB – Newsletter July 2025

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The speaker at our June meeting was Lynn Tan, a registered clinical Audiologist now working at Specsavers North Rocks. She came well prepared with two pages of True/False questions for us to try first before she explained the answers. We were also given well illustrated information about hearing loss, the anatomy of the ear, and sounds we're likely to miss, and features and prices of available hearing aids.

Only three members in attendance at Wenty Leagues on 18 June.

**Dates for your diary**

**Tuesday 1 July**, meeting at NBC 11 for 11.30 Speaker Jennifer Hubbard on the effect of movies and movie stars on fashion.

**Wed 16 July**, 12 noon, Tollgate Hotel Bistro, 625 Church St, N.P'tta (opp Daikin St)

**Wednesday 23 July**. Concord West View club 64<sup>th</sup> birthday celebration, Burwood RSL, Level 1, 96 Shaftesbury Rd, Burwood, 10.30 for 11 am. Speaker Kirsten Grech, Senior Constable – Tactical Flight Officer, Aviation Command, NSW Police. Cost of entry \$10 (Learning for Life students), lunch from dining room menu. RSVP Friday 18 July.

**Tues 5 August**, Birthday meeting. Vote for resolutions (sent by Rosemary 19/5/25)

**Wed 20 August**, 12 noon, lunch at Parramatta Leagues

**Tuesday 14 October**. Rosemary advises that instead of our ordinary meeting on Tues 7 October we will be sharing our 65<sup>th</sup> birthday with Pennant Hills View club at Baulkham Hills Sports Club, 9-11 Renown Rd. For those who do not have transport, we will arrange a carpool. More information will be provided closer to the day.

<b>July birthdays</b> 30 <sup>th</sup> Yvonne	<b>August birthdays</b> 8 <sup>th</sup> Ruth 13 <sup>th</sup> Fay
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<u>The VIEW Club Pledge</u> I pledge to promote the interests of VIEW, to extend friendship to all and to help those in need	<u>Grace</u> O Lord, giver of all good, we thank thee for our daily food. May VIEW Club friends and View Club ways, help to serve thee all our days.
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## From the “Friendship Book”, 2025, with thanks to Maureen

Xavi Bou is a Spanish photographer who makes art out of the flight paths of birds. By depicting the motion of the birds through the air, he aims “to make the visible the invisible”.

It occurs to me that while much of the natural world is visible and beautiful, many of the things that make life worth living are invisible. Like empathy, love, kindness and understanding. These are the things that poets and artists seek to make visible through their words and through their paints. You and I can also make those invisible things visible – through our actions. Those actions may never be displayed in a gallery – but they should be!

### Funnies from Lorraine

<p><b>BEFORE YOU JUDGE SOMEONE, WALK A MILE IN THEIR SHOES.</b></p> <p><b>AFTER THAT, WHO CARES?</b></p> <p><b>THEY'RE A MILE AWAY AND YOU'VE GOT THEIR SHOES.</b></p>	<p><b>Nurse came in and said Doc, there's a man in the waiting room who thinks he's invisible, what should i tell him? The doctor said Tell him I can't see him today.</b></p>	<p><b>I tried the Japanese method of decluttering where you hold every object that you own and if it does not bring you joy, you throw it away. So far I have thrown out all of the vegetables, my bra, the electric bill, the scale, a mirror and my treadmill.</b></p>
<p><b>Got up at 5am, 8km run completed, came back prepared a vegetable smoothie for breakfast.... Don't remember the rest of the dream....</b></p>	<p><b>Why does the need to pee intensify by a million when you are trying to unlock the door to your house?</b></p>	<p><b>I'M PROUD TO ANNOUNCE THAT I HAVE COMPLETED THE 1ST ITEM ON MY BUCKET LIST</b></p>  <p><b>I HAVE THE BUCKET</b></p>
<p><b>I signed up for an exercise class and was told to wear loose fitting clothing...</b></p> <p><b>If I HAD any loose fitting clothing, I wouldn't have signed up to begin with.</b></p>	<p><b>This morning, I accidentally changed the GPS Voice to “Male.” Now it just says, “It's around here somewhere. Keep driving.”</b></p>	<p><b>Procrastination is totally a good thing. You always have something to do tomorrow, plus you have nothing to do today.</b></p>