PARRAMATTA VIEW CLUB – Newsletter June 2025

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At our May meeting members listened intently to Lilian and Jonathan from the Stroke Foundation. They told of their experiences when Lilian suffered a stroke when she was a younger woman. It was one of her teenage sons who recognised the symptoms and immediately called an ambulance!

Members were given information sheets about the importance of keeping blood pressure down, and the need to act quickly if any of the signs of Face drooping, inability to raise arms, or slurred speech. Any of these could indicate a blood clot

blocking arteries to the brain or bursting. Call ambulance urgently as treatment is best within four hours!!

On 21 May six members enjoyed lunch at the Tollgate Hotel Bistro, North Parramatta. From left: Zita, Lorraine, Ruth, Judy, Janet and Elizabeth

Dates for your diary

Tuesday 3 June meeting at NBC 11 for 11.30, Specs Savers – Hearing aids. **Wednesday 18 June** outing Wenty Leagues

Tuesday 1 July, meeting at NBC 11 for



11.30 Speaker Jennifer Hubbard on the effect of movies and movie stars on fashion. **Wednesday 23 July**. Concord West View club 64th birthday celebration, Burwood RSL, Level 1, 96 Shaftesbury Rd, Burwood, 10.30 for 11 am. Speaker Kirsten Grech, Senior Constable – Tactical Flight Officer, Aviation Command, NSW Police. Cost of entry \$10 (supporting Learning for Life students), lunch available at own expense from dining room menu. RSVP Friday 18 July.

June birthdays	July birthdays
8 th Zita;	30 th Yvonne
30 th Elaine	

The VIEW Club Pledge		
I pledge to promote the		
interests of VIEW, to extend		
friendship to all and to help		
those in need		

Grace

O Lord, giver of all good, we thank thee for our daily food. May VIEW Club friends and View Club ways, help to serve thee all our days.

From the "Friendship Book", 2025, with thanks to Maureen

I was walking with Harry when someone asked him for directions.

"I used to think people asked me because I somehow look like a local," he told me afterwards. "Then I read a story about a man who asked George Washington

for a favour.

"The President's aide demanded to know why the man hadn't asked him instead, 'Because I looked at your face and saw no,' the man said. I looked at his face and saw yes.'

"I hope people see something like that in me."

I said they probably did. Then, realising which of the two of us had been approached, I went home to work on my yes face!

Funnies from Lorraine

Six great confusions Still unresolved

- 1. At a movie theatre, which arm rest is yours?
- 2. In the word scent, is "S" silent or "C"?
- 3. If people evolve from monkeys, why are monkeys still around?
- 4. Why is there a 'D' in fridge, but not in refrigerator?
- 5. Who knew what time it was when the first clock was made.

Kevin was starting to think that maybe his mom wasn't coming back.



One time I got sick and landed in the hospital.

There was this one nurse that just drove me crazy.

Every time she came in, she would talk to me like I was a little child.

She would say in a patronising tone of voice, "and how are we doing this morning?"

Or.... "are we ready for a bath?"

Or... "are we hungry?"

I had had enough of this particular nurse.

One day at breakfast, I took the apple juice off the tray and put it in my bedside stand.

Later I was given a urine sample bottle to fill for testing.

So you know where the juice went!

The nurse came in a while later, picked up the urine sample bottle, looked at it and said, my, my, it seems we are a little cloudy today.

At this, I snatched the bottle out of her hand, popped off the top, and gulped it down, saying, "Well, I'll run it through again.

Maybe I can filter it better this time!"

The nurse fainted... I just smiled! @ @ @ @

High school reunion

Have you ever been guilty of looking at someone your own age and thinking, "Surely I can't look that old?" You'll love classmate. this one.

My name is Alice Smith and I was sitting in the waiting room for my first appointment with a first appointment with a new dentist. I noticed his Mustang," he beamed DDS diploma, which with pride.

showed his full name. "When did you gradshowed his full name.

Suddenly, I remem-bered a tall, handsome, He answe dark-haired boy with the same name who had been in my high school class some 40-odd years ago. Could this be the same guy that I had a secret crush on, way back

Upon seeing him,

however, I quickly discarded any such thought. This balding, gray-haired man with the deeply lined face was way too old to have been my

After he examined my teeth, I asked him if he had attended Morgan Park High School.

answered, 1959. Why do you ask?"

"You were in my class!" I exclaimed.

He looked at me closely. Then, that ugly, old, bald wrinkled, fat, gray, decrepit son-of-a-gun asked, "What did gun asked, you teach?"