

## PARRAMATTA VIEW CLUB – Newsletter March 2026

President: Ruth 0430 271 205	Secretary: Judy 9635 4191	Treasurer: Lorraine 9683 6959
Friendship: Elizabeth 0407 497 626	Ast Secretary: Elaine 9680 4990	Ast Treasurer: Sheryl 9636 5932
Honorary committee member: Rosemary 0422 331 488		



2026 committee, from left: President Ruth, Friendship Officer Elizabeth, Treasurer Lorraine, Zone Councillor Sandra, Assistant Treasurer Sheryl, Secretary Judy, Assistant Secretary Elaine.



18 Feb eight to lunch at Parramatta RSL; Rosemary in her amazing scooter!!

### Dates for your diary

**Wed 4 March**, 11 for 11.30 at Northmead. Thank you to those members who have already paid their subs of \$20 for 2026. Note: from 1 April these will increase to \$30 p.a.  
**Guest Speaker Pam Wilson**, President of North Rocks VIEW Club, speaking on the history of Castle Hill.

**Wed 18 March** 12 noon, Tollgate Hotel Bistro, 625 Church St, N.P'tta (opp Daikin St)

**Wed 1 April**, Speaker from Community Transport.

**Wed 6 May**, Aruni Ratnayake, Diabetes Prevention Officer, Western Sydney Diabetes Integrated & Community Health. She will talk about preventing diabetes.

<p><b>March birthdays</b>                  19<sup>th</sup> Wendy                  16<sup>th</sup> Dianne</p>	<p><b>April birthdays</b>                  19<sup>th</sup> Maureen a very big O!</p>
--	--

<p style="text-align: center;"><u>The VIEW Club Pledge</u></p> <p>I pledge to promote the interests of VIEW, to extend friendship to all and to help those in need</p>	<p style="text-align: center;"><u>Grace</u></p> <p>O Lord, giver of all good, we thank thee for our daily food. May VIEW Club friends and View Club ways, help to serve thee all our days.</p>
--	--

### From the Friendship Book, 2026, with thanks to Maureen

I heard of a little lad who had a real aversion to saying “Thank you”.

As he got older, because it was expected, he would say the words in a flat, reluctant sort of way.

Then he learned a little more politeness and started trying to sound like he meant it.

Then as he became more aware of the effect his words had on others, he went further.

He told people “Thank you”, explaining what he was thanking them for.

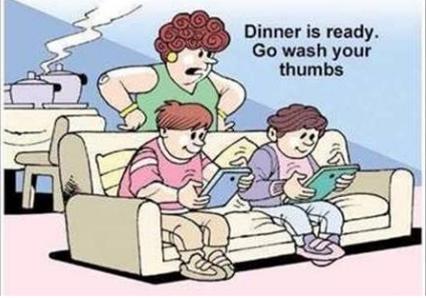
Then, as he became more aware of the effect his appreciation of things had on himself, he said “Thank you”, explained what he was thanking people for, and added a little about how much it meant to him.

Now he can’t imagine he ever hesitated to say those things.

Such a journey to go on with two little words!

### Funnies, mostly from Lorraine

From my friend Pip: Turkish Proverb. Dan Rather, the now retired newscaster, in his latest article quoted the following Turkish proverb: When a clown enters a castle, he doesn’t become a king; the palace becomes a circus!

<p>I don’t understand how a cemetery can raise its funeral prices and blame it on the cost of living!</p>	<p>Last night, my wife asked me if I’d seen the dog bowl. I said, “I didn’t know he could.”</p>	<p>I never thought I’d be the kind of person who’d wake up early in the morning to exercise ...And I was right!</p>
<p>When I was little, I didn’t care what I wore. I just went along with what my parents chose. When I look in old photo albums, I realise that they didn’t care either.</p>	<p>I’ve found that if I pray for God to move a mountain, I must be prepared to wake up next to a shovel.</p>	<p>My Uber driver is constantly talking about Marijuana and all the ways to smoke it. Gonna be real awkward here in about 10 minutes when he drops me off at home and my patrol car is parked in my driveway.</p>
<p>This getting old is a terrible thing. I blacked out for twenty minutes this morning, then I realised I’d put my hoodie on backwards.</p>	<p>This book on marriage says, “Treat your wife like you treated her on the first date”. So after dinner tonight I am dropping her off at her parents’ house!</p>	<p>Found out a dentist up the street got arrested for growing pot. I’d been going to this guy for years. I never knew he was a dentist.</p>
<p>I got fired from the nursing home today</p> 	 <p>The fourth monkey has emerged. He sees no one, hears no one, and speaks to no one.</p>	 <p>Dinner is ready. Go wash your thumbs</p>

### Profiles of students Parramatta VIEW supported during 2025

My name is Hawraa and in 2025 I'm in year 11 at school	My name is Thomas and in 2025 I'm in Year 12 at school.	My name is Jamain and in 2025 I'm in year 12 at school.
<i>After school and on the weekend</i> , I like to go to the beach with my family and play some ball games, then have dinner with them all and grab some ice cream after.	<i>After school and on the weekend</i> , I like to hang out with friends and family	<i>After school and on the weekend</i> , Play my PS4 or basketball out the back.
<i>If you could travel anywhere in the world in the future</i> , where would you go? Japan love it I've seen it and ever since then I've always wanted to go.	<i>If you could travel anywhere in the world in the future</i> , where would you go? If I could travel anywhere in the world I would go to somewhere in Europe such as Italy, Germany or France to experience new culture.	<i>If you could travel anywhere in the world in the future</i> , where would you go? Overseas to America to watch a Basketball game
<i>What is your favourite school subject and why do you like it?</i> My favourite school subject is modern history because it's very interesting what they teach us and you learn new things every time you have a lesson	<i>What is your favourite school subject and why do you like it?</i> My favourite school subject is sport and rec. I like it because it is more physical work rather than sitting down in a classroom.	<i>What is your favourite school subject and why do you like it?</i>  PDHPE - sports
<i>If you could try any job for one day, which job would you choose? Why is this job exciting to you? What do you think you would do for the day?</i> Helping people in need of help. I've always been into doing that as a job and my dream job for when I have an opportunity to get into it I want to be an occupational therapist.	<i>If you could try any job for one day, which job would you choose? Why is this job exciting to you? What do you think you would do for the day?</i> If I could try one job for a day I would choose to maybe be a Head chef or something to do with in the kitchen to see what's it really like.	<i>If you could try any job for one day, which job would you choose? Why is this job exciting to you? What do you think you would do for the day?</i>  Professional basketball player.
<i>Parent/carer: Write a comment to your child's sponsor. How has the support you receive from The Smith Family helped your child? Has your child had any recent personal or school achievements you would like to share?</i> My daughter has written beautifully about what she gets up to in her day to day life.	<i>Parent/carer: write to your child's sponsor. How has the support you receive from The Smith Family helped your child? Has your child had any recent personal or school achievements you'd like to share?</i> Would like to thank the sponsor for their support, it has really helped to provide things that Thomas has needed for school. School supplies, uniforms, leather shoes that are needed for school.	<i>Parent/carer: write a comment to your child's sponsor. How has the support you receive from The Smith Family helped your child? Has your child had any recent personal or school achievements you would like to share?</i> Jamain has just started working at KFC 1 day a week and has been going well in all his school work.