# THE **VIEW** FROM **PINE RIVERS**



A valued part of The Smith Family and sponsor of the *Learning for Life* Program

# 21st May 2025

Pine Rivers VIEW Club acknowledges the traditional owners of the land on which we meet

WHERE: Griffin Room, Murrumba Downs Tavern, cnr of Dohles Rocks and Ogg Roads., Murrumba Downs WHEN: Luncheon Meeting – 3rd Wednesday of the month 10.30 for 11.00am START COST of today's 2 course luncheon with tea and coffee is \$30.00

**VIEW PLEDGE:** I pledge to promote the interests of VIEW, to extend friendship to all and to help those in need. **GRACE:** O Lord, giver of all good, we thank you for our daily food. May VIEW Club friends and VIEW Club ways help to serve Thee all our days.

As a VIEW member, it is assumed you will be attending the lunch meeting and are responsible for the cost of the lunch. If you cannot attend or are bringing a guest, please ring or text the lunch convenor by 7pm,

Sunday prior to the meeting. If you know in advance, please sign the apology book on the welcome table.

Please make EFT payments by the Friday before the lunch and reference with your name and event.

## If no notification is received, payment will be required

<u>Please Note</u> If you have paid for lunch or an outing and you are unable to attend [for whatever reason], no refunds can be made as venues require payment for the number given for the booking.

Writing your name on the booking sheet for an outing, means you will be attending – not just thinking about it.

## **PINE RIVERS DAY Club Outings.**

- **Wednesday 28**<sup>th</sup> **May** 10.00 am Picnic Day at Pine Rivers Park, 125 Gympie Road, Strathpine [on the Bald Hills Flats] Bring your own morning tea. If you can, please bring a thermos or urn of hot water.
- Wednesday 4<sup>th</sup> June 10.00 am Coffee and Chat at North Leagues Club, Anzac Avenue Kallangur
- Wednesday 18<sup>th</sup> June Lunch. 10.30 for 11.00 am start. Make, Bake and Grow this month.
   Please support our stall by bringing something to sell or purchase something. June Luncheon Meeting
- **Wednesday 25**<sup>th</sup> **June** Train trip to Landsborough with lunch at the pub across the road. More details to come
- Wednesday 2<sup>nd</sup> July 2pm Sip and Paint at Quintess Retirement Community, 29 Linear Drive Mango Hill. \$20
- National, Zone QA01 and Other VIEW Clubs Events
- Wednesday 28<sup>th</sup> May Aspley View Club Birthday \$40. 10.30 for 11.00. Kedron Wavell Club, Chermside. RSVP 22<sup>nd</sup> May to Lesley 3350 1110 Payment BSB 014 209 Acct 2050 04259 Reference your name.
- Aspley: Sunday 1<sup>st</sup> June Evolution of Style Fashion Parade. 1.30 -3pm.
- Redcliffe Soup and Fashion Parade. Tuesday 15<sup>th</sup> July. 10.30 start. RSVP 8<sup>th</sup> July to Jenny 0410531951
- 5 7 September. National Convention in Brisbane. Information and registration forms now available. <a href="https://www.thesmithfamily.com.au/view-clubs/events/national/convention-2025">https://www.thesmithfamily.com.au/view-clubs/events/national/convention-2025</a>.

  Registration closes 12 noon on Friday 15<sup>th</sup> August.

<u>Upcoming Guest Speakers John Goodship from Brisbane Greeters</u>

Please ring our Sunshine Lady if you know of a member who is unwell or in need.

Your books are welcome at our monthly book exchange. Books are \$2. Please place money in honour tin.

REMINDER – For the benefit of ALL Members (old and new) PLEASE wear your name badge at ALL VIEW events. We might ask you for a gold coin donation if you do not wear it.

Printing of this Newsletter is courtesy of Steven Miles – State MP for Murrumba. We thank him for his support.



#### Happy Birthday to the Ladies born in May

Rowena C, Marianne G, Norma N, Nan P, Cheryle P, Sandra T, Jacqui N

Apologies to anyone we have missed.

#### **PINE RIVERS VIEW CLUB COMMITTEE 2025**

President	Billie	0481 574 829	Vice President	Angie	0434 405 554
Treasurer	Marianne	0418 256 714	Assistant Treasurer	Sue S	0457 354 570
Secretary	Helen	0417 639 800	Assistant Secretary	Sandra T	0448 862 518
Program Officer	Debbie	0411 868 016	Program Officer	Sue W	0405 333 115
<b>Publicity Officer</b>	Jo	0427 822 250	Delegate	Marion	0418 138 735
<b>Lunch Convenor</b>	Billie	0481 574 829	Assistant Lunch Convenor	Sandra T	0448 862 518
Sunshine Lady	Angie	0434 405 554	VIEW Bank Details	BSB 124-068	Acc 10551182

## The guest speaker for this month is from Brisbane Greeters







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## Billie's Buzz

- The human brain triples in size during the first year of life and continues growing until around age 18
- The brain has an amazing property called \*\*neuroplasticity\*\*, which allows it to change and adapt in response to experiences
- Every time you learn something new, you create new connections in your brain, literally changing its structure
- The brain contains 160,934 kilometres of blood vessels
- The brain can't feel pain itself, though it interprets pain signals
- Different parts of the brain control various functions, such as the cerebellum managing balance and coordination
- The pituitary gland, though tiny (pea-sized), plays a crucial role in growth and metabolism
- These facts highlight the incredible complexity and efficiency of the human brain, often described by scientists as "the most complex thing we have yet discovered in our universe".

## **JOKES**

I went to buy some camouflage trousers the other day, but I couldn't find any.

I went to a seafood disco last week...and pulled a mussel.

What do you call a fish with no eyes? A fsh.

Two fish swim into a concrete wall. The one turns to the other and says "Dam!"

Two Eskimos sitting in a kayak were chilly, so they lit a fire in the craft. Unsurprisingly it sank, proving once again that you can't have your kayak and heat it too.