

PARRAMATTA VIEW CLUB – Newsletter October 2023

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A big welcome to Gunta, born in Latvia, who attended Lithgow VIEW Club during most of 2022, but is now living in Parramatta.

And Elizabeth F was presented with her 40-year service badge! Congratulations Elizabeth!



Our guest speaker at our September meeting was Mary Ferreira who spoke to us on continence management and the improvement in continence products for both women and men. Each member was presented with a carry bag containing samples of some of the most used products, as well as information sheets and continence tips. Those with husbands were also given suitable samples for their menfolk.

Everyone was delighted to see Janette W happily at home at last. She was accompanied by her “Nurse Next Door”, who gave us all some small notebooks with magnet holders and volunteered to come as a guest speaker. We’ll all look forward to that.



Treasurer’s report. Donations at September meeting

Seven members met informally at Wenty Leagues on 20 September. A total of \$85 was donated for TSF – what a generous group – thank you so much.

Toy and book appeal. Actual toys and books will no longer be collected. Instead clubs are asked to send money for appropriate toys as they don’t have storage space.

Online only raffle to support LFL students many prizes. Code to scan up till 6 December will be available at our next meeting.

For your diary

Wed 4 October, 11 for 11.30. Speaker: Jan-Maree Ball OAM on “Aussie Quilts”.

Wed 18 October, 11 am informal get-together at Club Parramatta.

October birthdays 3 rd Shobha V 27 th Gunta C 29 th Pat R	November birthdays 3 rd Sheryl M 8 th Heather B 17 th Janice C
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From our Friendship Officer, Zita

Janette loves being home, and it was so good to see her with her lovely “Nurse Next Door” Laraine’s hand is now out of the plaster and she’s been given exercises which she’s managing. Lorraine is now managing without the neck brace and is back in her own home.

Rosemary is still having treatment for her ankle

Elizabeth is home from hospital following surgery. All went really well for her and she’s feeling good.

Judy’s thyroid surgery was successful. But she had a fall ten days later! Thankfully nothing broken

Friendship Thoughts

From “The Friendship Book, 2023, with thanks to Maureen.

One woman was fairly successful in business, and the other described herself as a part-time volunteer for a well-known charity.

“Oh, so you’re just a little cog in a big machine,” the first woman said.

“Yes,” the second woman replied, a little bemused. “But do you know what happens if you take a little cog out of a big machine? It stops!”

Let’s hear it for the little cogs who keep everything turning!

The dog ran to meet the guest.

Thinking she wanted a treat, the guest held his hands out and said, “Sorry, girl. I don’t have anything for you.”

Then the dog’s ten-year-old owner, with all the innocence of youth and not realising the profundity of her words, said, “You do. You have hands. You could comfort her with them.”

May our hands never be so empty that they have no comfort for another creature in them.

Which of these do you remember?

