

# Communities for Children Facilitating Partner Capricorn, QLD Program Overview 2020-2021



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## Enhancing the wellbeing of children and families.

### Priority areas

- Children and their families lead healthier lifestyles.
- Parents and Carers are better able to support their child's development.
- Young children are better prepared for school and have increased school engagement.
- Aboriginal and Torres Strait Islander children have improved health and learning.
- Community Connectedness.

**Communities for Children Facilitating Partner (CfC FP) is placed based and develops and facilitates a whole of community approach to support and enhance early childhood development and wellbeing for children aged from birth to 12 years.**

The Smith Family has been the CfC FP in the Capricorn Region since 2011. CfC FP Capricorn works with local organisations to empower and support a strong, child friendly community. We build on local strengths to meet local community needs, and facilitate the delivery of a range of services designed to improve outcomes for children aged birth to 12 years and their families.

CfC FP Capricorn operates within the Rockhampton Regional Council and Livingstone Shire Council areas.

**Continued inside...**

**Community Partners are funded to deliver services within the Capricorn Region for children aged from birth to 12 years and their families.**

## STEP INTO PREP

Step into Prep is a 16-week school preparation project delivered in schools in Terms 3 and 4. The program is offered to children aged 4 – 5 years from low SES households starting Prep the following year. Utilising the Abecedarian Approach Australia (3a) the playgroup will draw heavily from language prioritisation, conversational reading and enriched care giving to promote school readiness and familiarisation. A modified 8-week program will be provided for smaller schools within the region.

**Community Partner:** Playgroup Queensland

**Service delivery area:** Participating schools in the Capricorn Region.

**Eligibility:** Children aged 4 – 5 years from low SES households starting Prep the following year.

**Contact:** Pamela Waine, 0448 988 241, pwaine@playgroupqld.com.au

## YOUNG EMPOWERED PARENTS

Young Empowered Parents (YEP) is a 12-week program that will contribute to positive beginnings for young parents up to age 25. Parents will be given the opportunity to develop their skills and knowledge in the areas of effective parenting and wellness. The program consists of one main theme around wellness, with program and support sessions focusing on empowering participants to recognise and acknowledge their skills and potential, while assisting with the development of adequate coping strategies.

**Community Partner:** Girls Time Out

**Service delivery area:** Capricorn Region.

**Eligibility:** Young parents up to age 25.

**Contact:** Corin Iosua, 4922 7236, c.iosua@girlstimeout.com.au

## BINBI META

The Binbi Meta project identifies and engages with at-risk Aboriginal and Torres Strait Islander kinship families with children aged birth – 8 years. Through the 3-month program, families will participate in health checks and wellbeing assessments. Home visits will assist with garden clean-up and food planting, and will provide education sessions on housekeeping, nutrition, cooking, diet, exercise, language and culture.

**Community Partner:** Bidgerdii Community Health Service

**Service delivery area:** Capricorn Region.

**Eligibility:** Aboriginal and Torres Strait Islander kinship families with children aged birth – 8 years.

**Contact:** Michael Kaigey, 0427 728 670, mkaigey@bidgerdii.org

## CONNECT AND GROW

Connect and Grow is a 9-week term-based program that delivers facilitated playgroup sessions to families. The program uses Abecedarian Approach Australia (3a) as the foundation of the sessions and will improve the health, wellbeing and development of children birth – 5 years, and build parenting capacity through play-based learning. An additional 9-week program is delivered into participating early childhood education and care services, and will include training for educators.

**Community Partner:** Playgroup Queensland

**Service delivery area:** Participating playgroups and early childhood education and care services in the Capricorn Region.

**Eligibility:** Children aged birth – 5 years.

**Contact:** Pamela Waine, 0448 988 241, pwaine@playgroupqld.com.au

## SECURE RELATIONSHIPS, RESILIENT CHILDREN

The Secure Relationships, Resilient Children project will work with families and children to develop stronger, more emotionally connected families, and more resilient children. The project includes two evidence-based programs. **Circle of Security** is an attachment-based parenting program. **Seasons for Growth** is a grief and loss program for children experiencing difficult or traumatic events in their lives.

**Community Partner:** Welcoming Intercultural Neighbours Inc.

**Service delivery area:** Capricorn Region.

### Eligibility:

- Circle of Security
  - \* Parents/carers of children birth – 5 years.
- Seasons for Growth
  - \* Children aged 6 – 12 years.

**Contact:** Natalie Petersen, 0447 453 211, [programs@win-australia.org.au](mailto:programs@win-australia.org.au)

## IT'S ALL ABOUT ME

It's All About Me includes three evidence-based programs. **Fun FRIENDS** and **FRIENDS for Life** work with young carers aged 5 – 12 years, their siblings and families. These group-based programs teach children resilience, self-esteem and emotional skills. **Resilient Parents** will help parents/carers build their own emotional intelligence and resilience skills. All programs include monthly groups to develop connections and supportive networks.

**Community Partner:** Carers Queensland

**Service delivery area:** Capricorn Region.

### Eligibility:

- Fun FRIENDS and FRIENDS for Life
  - \* Carers and siblings aged 5 – 12 years.
- Resilient Parents
  - \* Parents/carers of children birth – 12 years

**Contact:** Michelle Clark, 4994 1643, [mclark@carersqld.com.au](mailto:mclark@carersqld.com.au)

## CAPRICORN LIFE EDUCATION

Life Education delivers a suite of age appropriate health education modules to schools and early childhood education and care services. Participating schools and early childhood services can select the modules most relevant to their needs including topics such as nutrition, the importance of physical activity, cyber safety, bullying, resilience, relationships, safe use of medicine, smoking and alcohol.

**Community Partner:** Central Queensland Life Education Centre Inc.

**Service delivery area:** Capricorn Region.

**Eligibility:** Children aged 3 – 12 years in participating early childhood education and care services and schools in the Capricorn Region.

**Contact:** Liz Hills, 0419 760 243, [ehills@lifeeducation.org.au](mailto:ehills@lifeeducation.org.au)

## SPEECH-LANGUAGE PROGRAM CAPRICORN

Speech-Language Program Capricorn will provide screening and assessment of children by a speech pathologist to identify referral pathways and provide educators with feedback, strategies and mentoring. Educators will also undertake training in Hanen *Learning Language and Loving It* to strengthen their skills and knowledge to support speech-language improvement. Information sessions will also be offered to educate parents/carers about language, speech development and support, and to assist them to access relevant community services.

**Community Partner:** The Creche and Kindergarten Association Ltd.

**Service delivery area:** Participating C&K branch kindergartens and childcare centres in the Capricorn Region.

**Eligibility:** Children aged 3 – 5 years at participating centres.

**Contact:** Jenni Radloff, 0419 191 702, [j.radloff@candk.asn.au](mailto:j.radloff@candk.asn.au)

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## TACKLE6 & YIMBA BIRA

**Tackle6** uses rugby league as a vehicle to address barriers to students learning and thriving at school. Tackle6 will build on communication, leadership and teamwork skills, increasing the child's capacity to cope and thrive in the school environment.

**Yimba Bira** uses the unique sporting resource 'Yulunga' Traditional Indigenous Games to promote physical activity and increase understanding of Aboriginal and Torres Strait Islander cultures. Yimba Bira also promotes healthy eating and lifestyle, as well as teamwork and sportsmanship.

**Community Partner:** Darumbal Community Youth Service Inc.

**Service delivery area:** Participating playgroups, early childhood education and care services and schools in the Capricorn Region.

### Eligibility:

- Tackle6
  - \* Children aged 9 – 12 years attending participating schools.
- Yimba Bira
  - \* Children aged 3 – 8 years attending participating services.

**Contact:** Jamie Simpson, 0411 495 475, [jamie.simpson@darumbal.org.au](mailto:jamie.simpson@darumbal.org.au)

## WINGS TO FLY

Wings to Fly is a strength-based approach to social and emotional wellbeing for children aged birth – 5 years. The program will be delivered into early childhood settings and is designed to support early years educators to optimise their practice to improve outcomes for children. Wings to Fly builds upon educators' capacity and strategies by developing a greater understanding of brain development in the early years, attachment, and the way to build relationships that support children's resilience and wellbeing.

**Community Partner:** Pathways to Resilience

**Service delivery area:** Capricorn Region.

**Eligibility:** Educators and professionals working with children aged birth – 5 years.

**Contact:** Dan Pierce, 0438 549 895, [daniel@pathwaystoresilience.org](mailto:daniel@pathwaystoresilience.org)

## Contact Us

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